All newsletters are on our website: www.isbearn.com

Nº7

# Thursday 19th October 2023

## **MARIA'S NOTES**

### SCHOOL IS CLOSED FROM SATUDAY 21/10/23 TO MONDAY 6/11/23/: Half term break (Toussaint holidays)

On Monday, we had our first class assembly of the year. The brave Grade 6s took to the stage and told us all about their year so far: Their surf trip to Hendaye, iTime, facts about blood, the ancient Greeks; and they accompanied it all with music played by the Grade 6 musicians. Well done Grade 6! Don't worry parents, all of the classes will be leading an assembly throughout the year, and we will let you know when your child's class assembly is, so that you can come and join us.





At the end of the assembly, we had just enough time to award the house points trophy, and, after another closely fought battle, this week's winners were **the blue team**. The trophy was proudly collected by the blue team's captain, Agata. At the end of the assembly, Aankhi, from Grade 6 kindly played the guitar, followed by a trio of talented pianists, whilst the classes led out.



A child-led assembly, was a lovely way to end the first half term, and it was great to see all of the classes from Reception class to Grade 6, listening carefully during the assembly, despite the excitement (the parents were all really well behaved too!).

This week, there has been a buzz of excitement and the smell of freshly baked bread wafting through the school, as the French team led **La Semaine du Goût!** A celebration of culinary delights, which this year focused on breads from around the world. The children, and teachers have had a fantastic time, visiting the French shop, ordering their ingredients in French, and the following recipes together in class. It's been a fantastic week! Don't forget to ask your children what they did and take a look at the "La Semaine du Goût" channel on Team ISB.





Thank you to everyone who took a guess at the weight of the enormous pumpkin found in the school garden. The final weight was 12.2kg!! Nobody guessed the actual weight, but Monty (Reception class) guessed 12.1kg and Emma (Grade 5) guessed 12.3 kg. The final winner will be chosen this afternoon, using a good old random name spinner. We'll let you know who won and how much money we made for the people of Morocco affected by the earthquake, as soon as the student council have had a chance to add up all of the money.



It's hard to believe that it's the end of the first half term already, although looking back, the children have had a packed schedule since the beginning of September with: trips away; La Semaine du Goût; school photographs; student council meetings; and special assemblies, as well as their regular school work and lessons, so they certainly deserve to have a good rest over the holidays. There is plenty more to come when we return after the holidays, but before then, we are going to mark the end of the half-term, as we always do, with a non-uniform day on Friday for the whole school. We ask for a voluntary donation of 1 euro per child, which will go to the charity OGFA, to help those in Pau that are less fortunate than us.

#### **Important dates for your diaries:**

The Early Years and Reception show will be held at 09.30 on Wednesday 13<sup>th</sup> December at school The Grades 1 & 2 Christmas Show, will be held at 09.30am on Friday 15<sup>th</sup> December, at Espace Dantza (near Place du Foirail, Pau)

Little **Early Years** chefs have been busy celebrating "La semaine du goût ". We had fun making salt dough croissants, shape pizza and baking delicious "Pains au lait". We have also used a special machine called "dehydrator" to make some yummy apple and banana chips for our snack.





















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In **Foundation Club**, we engage in various activities such as jumping, biking, running, painting, drawing, hula hooping, playing with our friends, and most importantly, having fun  $\P$ !



Bread making fun in **Reception**! The children have been enjoying learning all about different types of bread from around the world, and followed a recipe carefully to make their own. Fantastic language developing, and lots of measuring, mixing, kneading, waiting, shaping, baking and tasting!



Pour la Semaine du Goût, nous avons frotté de l'ail et de la tomate sur une tartine de pain grillé. Miam!





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### Reception's bread party:









Lots of excitement around reading this week in **Reception** class! We are working on developing our knowledge of letter/sound correspondences, and putting together the letters we know to blend to read





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Les élèves de Grade 1 ont cuisiné du pain perdu. Un vrai délice !



In Science, Grade 2 had to guess « Who is who?".



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In Maths, Grade 2 have been learning all about ordinal numbers.



Grade 3 art work from last lesson, linking to their science topic about skeletons. We had a lot of discussion about the different parts of bones and what they are called. We then created an individual skeleton using paper straws and we had some fun creating different body movements.







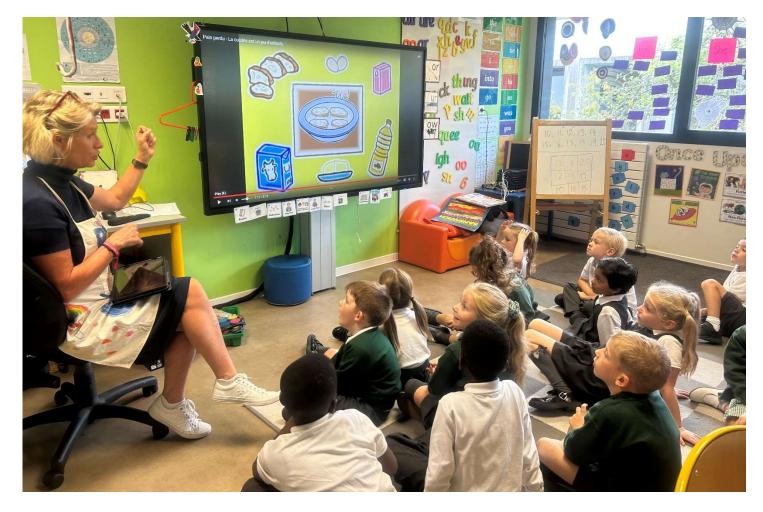


Starting Monday October 16th, our Primary school is participating in La Semaine du Goût (*The Tasting Week*), a national event. This initiative, organised by the French Department, provides a wonderful opportunity for children to explore the world of food.



This year, our theme is "Le Voyage Magique du Pain autour du Monde" (The Magical Journey of Bread around the World).





**Grade4** talked about PEACE and we learned the story of Sadako Sasaki who was a Japanese girl born in Hiroshima She suffered from an illness and stayed a long time in hospital, she started to do origami paper cranes, a thousand of them... She has since become an icon of peace.

We did our own origami this morning and wrote our messages of peace.









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Grade 5: So much happening: PSHE, handwriting, assembly, birthday and shopping for *La semaine du goût* 











Grade 6 demonstrated some of their learning from this term during their class assembly on Monday. They chose their topics, organised their groups and wrote their scripts. Superb Grade 6, well done .



Secondary's last lesson of Team Sports in PE.







In Biology, **Grade 10** have tested different food, to see which chemicals they contain.



**Grade 11** geographers went on a trip to Bareges



# **Secondary Update**

### 19 October 2023

Ann Byrne/Head of Secondary

All of the Secondary Teachers would like to wish you a happy half-term break. We look forward to seeing the students back in school on Monday 06 November.

### Revision Strategy #3 Plan your revision

The provisional mock timetable will be on the Parent and Student Dashboard page on Friday 20 October!

### 1. Break up your subjects

Start by listing the date and subject for each exam. Then look at what you need to cover for each exam, breaking each subject into small manageable pieces, and make a list topic by topic.

### 2. Think about where you need to focus

If some of your exam papers carry more marks than others, it's worth preparing in more detail for exams which carry the highest percentage of your total mark – ask your teachers about this if you're not sure.

Identify topics (from point 1 above) where you have gaps in your knowledge or areas that you just generally feel less confident about. Highlight these in your topic list. If you realise you're missing any notes, speak to your classmates or teachers.

#### 3. Be realistic

If you're not realistic with your plan, you're probably not going to follow it; we all work best with achievable goals! Plan in rest breaks and time away from your revision to relax. Taking a break and focusing on something completely different for a while can help information sink in and stop you burning out.

### 4. Expect the unexpected

When you start your revision you may find you need more time on a certain topic or subject. If there's no flexibility in your plan it can be easy to get behind. Keep some free time each week to use as you need to help you stay on track.

#### 5. Make your plan

Now draw up your revision plan; you could use a school timetable format or calendar printout. If you use a spreadsheet having a paper copy will also help. Next:

- Mark in your exam dates and subjects
- Divide your list of topics across each week of your revision period. Make sure each topic comes before the date of the relevant exam
- Allocate fewer topics near to your exam dates to allow for general review sessions
- Don't forget to add in rest breaks and free time
- Check the next day in your timetable the night before. This means that you can adjust your plans depending on your progress

# Dates for your Diary

**November 16**: Progress Reports will be published to parents.

**Dec 04 to Dec 16**: Mock exams for Grades 11, 12 and 13

**Dec 18 and 19**: PSHE and careers days for G10, 11, 12 and 13. Attendance is compulsory.



Have a nice week Très Bonne Semaine Maria Elias