



**MARIA'S NOTES :**



**5TH OF MAY**

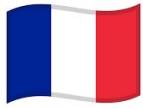
# **UPDATE**

**SO FAR THE FOLLOWING COUNTRIES HAVE SIGNED UP:**

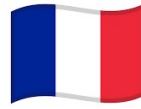
**SYRIA  
NIGERIA  
FRANCE  
IRELAND  
CHINA**

**IF YOU WANT TO PARTICIPATE MAKE SURE TO SIGN-UP BEFORE  
12<sup>TH</sup> APRIL BY SENDING AN EMAIL TO MVDKAAG@GMAIL.COM**





## INFO DELFPRIM et DELFJUNIOR



	Epreuves collectives	Epreuves individuelles	Date d'inscription
<input type="checkbox"/> <b>Delfprim A1-1</b>	13 juin 2024 09:30	Entre le 5 juin 2024 et le 29 juin 2024	Du 11 mars 2024 au 12 avril 2024
<input type="checkbox"/> <b>Delfprim A1</b>	13 juin 2024 09:30		
<input type="checkbox"/> <b>Delfprim A2</b>	13 juin 2024 14:00		
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<input type="checkbox"/> <b>Delfjunior A2</b>	04 juin 2024 09:30		
<input type="checkbox"/> <b>Delfjunior B1</b>	04 juin 2024 09:30		

If you need more info, don't hesitate to contact Miss Murielle or don Daniel.

### PRIMARY NEWS:

It's been an exciting two weeks in the primary school, with the Olympic celebrations going on. Children have discovered new sports, new limits, new team-mates, new feelings and even new idols!

Have a look later in the newsletter to see photos of some of the things that we have been getting up to.

As well as celebrating our Olympics, we have of course also been following our usual timetable, whenever we can, and on Monday, Grade 2 presented an all singing, all dancing show for us, all about endangered animals. We learnt all about orangutans and pandas and they read us a super rhyming story together too.



The Grade 2s finished their amazing assembly with a song in French about different animals.

At the end of the assembly, we had time for class teachers to hand out certificate of merit and Mr Hanrahan awarded the house point trophy to the house team that had collected the most points during the first two weeks of the half term.



The house point totals were really close, but it was the green team that came out victorious this time, with 815 house-points. Andrew, **the Green House Captain**, proudly collected the trophy, and added one more sticky trophy to the tracker!



During the ISB Olympics, we have been visited by not one, but two athletes, that will be competing in this year's games! Last week we were so excited to welcome **Mallory Franklin** – a Team GB Olympic silver medalist, who will be battling for gold in both the Women's Slalom Kayak (K1) and Women's Slalom Canoe (C1) events in the summer. Then this week, following Miss Chris' exciting news last Friday, her son **Alex Baldoni**, who won an important Pan-American race in Brazil last week to secure his Olympic spot, came to visit us this Thursday. He will be competing in the Men's Slalom Canoe (C1) for Team Canada!

Both athletes talked to us about training, pressure, feelings and dreams and they gave us some really honest insights into the life of an athlete. Mallory Franklin spoke about how important self-belief is, and explained that as a child, she was so shy, that she wouldn't answer her name when the register was called in class. She said that she could never have imagined that she could be an Olympic athlete! Alex Baldoni told us that it will be his first Olympic Games and he is just so happy to have won his place that although he will try his best to win, more importantly, he wants to really enjoy the whole experience – what a great attitude!

Some of the children presented Mallory with a card and a picture of Pau (with some kayaks on the gave), and Alex was presented his own ISB Olympics t-shirt, and his first Olympic gold medal – an ISB one!



Mallory Franklin with Grade 4



Mallory Franklin being presented a picture and card by Timo and Ines (G4)



Alex Baldoni in his boat with Grade 2

Matei (G2) presenting Alex Baldoni with his first (ISB) Olympic gold!



There have been soooooo many different events this week – too many to list, but here are few photos of some of the events that have taken place:



A different class each day has led us all through an 0845 Aerobics routine



The Grade 3 & 4 bench-ball tournament was eventually won by Asia (yellows)!



The Americas took Gold in the Grades 4-6 basketball shoot-out

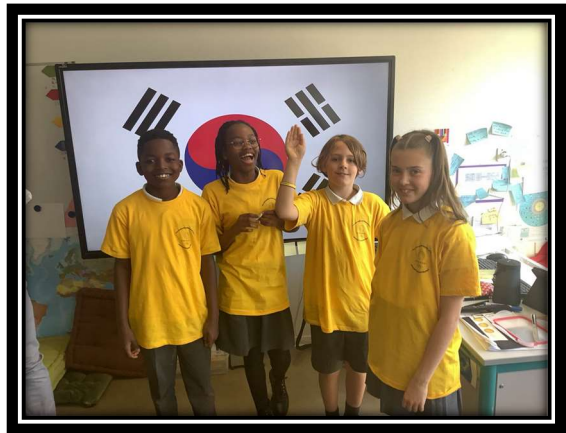




Team Africa won the Grade 1 obstacle race!



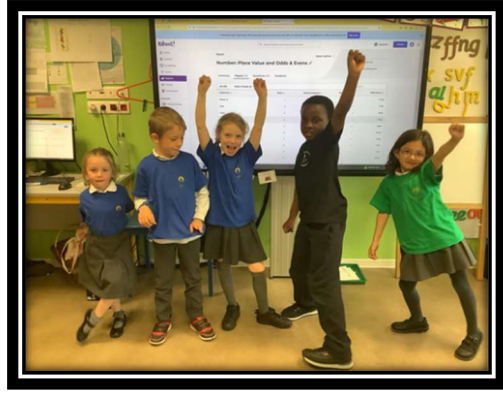
Medals were won in the Early Years and Reception Musical Staves competition!



Team Asia eventually won the Grade 6 flags quiz



The Grade 3-6 spelling bee was hotly contested



There was some tricky maths in the Grade 1 maths quiz



The Olympic football tournament on Wednesday was a great success!



There were lots of challenges to complete in the Reception and Grade 1 Jeu de l'oe



There was a fast-paced multiplication knock-out challenge in Grade 4 on Thursday afternoon  
If you want to see more photos and videos, head to the ISB Olympics team, on Teams.

Finally, I'd like to say give an enormous thank you and well done to everyone who has taken part in these Olympic celebrations: **The children** for all getting involved and really adopting the spirit of the Olympics by supporting one another, competing fairly and giving it their all! **The parents** for ensuring that the children have what they've needed each day; **Fred, Valeria, Matilda and Claudia** – The Duke of Edinburgh students who gave up their time to help organize and run the whole thing; **all of the teachers and teaching assistants** for organizing so many different events both in and out of the classrooms and of course **Maria**, who as always, has given her full support – ordering t-shirts, booking venues and sandwiches and encouraging the children in many of the different events.

**IMPORTANT DATES:**

- Monday 25<sup>th</sup> March:** Grade 1 & 2 trip to Chateau de Mauvezin
- Monday 1<sup>st</sup> April:** School closed – Easter Monday (jour férié)
- Thursday 4<sup>th</sup> April:** Reception Class trip to Pau
- Monday 8<sup>th</sup> April:** Grade 5 assembly, 1440 (Grade 5 parents welcome)
- Wednesday 10<sup>th</sup> April:** PTA Meeting 0900  
PTA Bake sale (Grades 6 & 11 baking)
- Friday 12<sup>th</sup> April:** School closes for Easter holidays
- Monday 29<sup>th</sup> April:** School reopens
- Sunday 5<sup>th</sup> May:** International Day (Salles des Fetes Lée – Times to be confirmed)

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**Early Years:** On Thursday we have been measuring the size of our flower patch so we can choose plants we would like to plant in our garden.



**ISB Olympics**





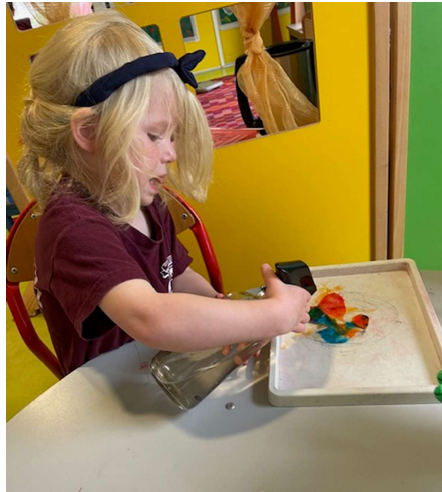


We have also been learning about composting and discussing what can we put in a compost and what we can't.



Another busy week in **Early Years!** We have been learning about different food groups and the importance of eating balanced diet. We have also enjoyed making marks with soap foam and making coffee filter butterflies for our Spring themed Art project.



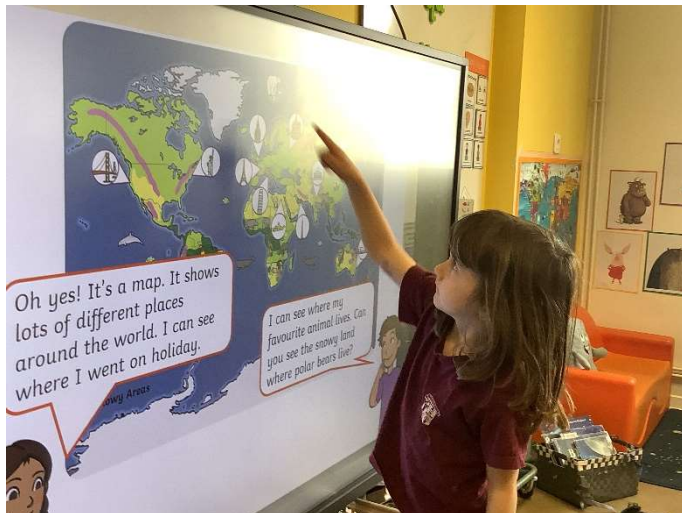


This week **Reception** have enjoyed going on a train ride together, and thinking about all the things we can see out of the windows! Stay tuned for an amazing display coming up!

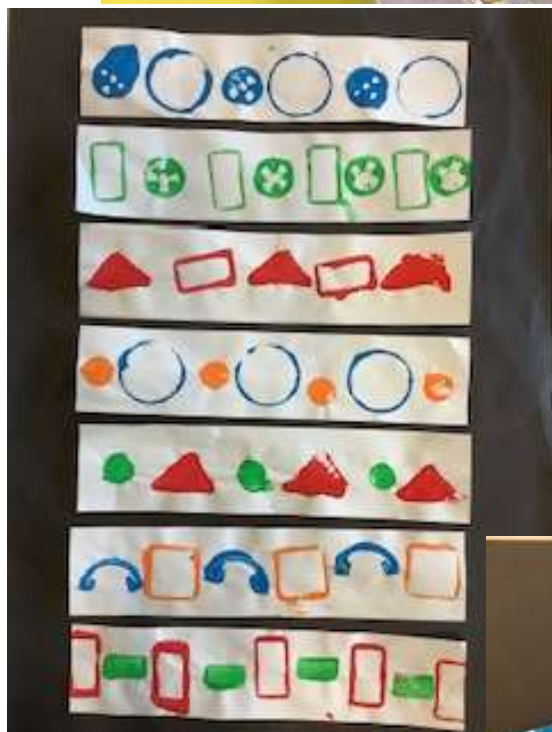




**Reception** have loved exploring maps, finding out what all the different symbols mean and all the information we can find out from maps. They had fun using google earth to explore places they have been to before too!



In Art **Reception** have been exploring and creating Repeat Patterns through printing with various objects. Their results are fabulous 😊, there may even be some future designers.



**Grade 1** continued to look at old and new in history. We explored some “old” artefacts used in the past. The children were intrigued by the old radio and for some it took quite a while to work out what actually a cassette tape was and how to use it!



Here is **Grade 1**'s observation painting of daffodils in **Art**. Well done you little artist !





**Grade 2** have worked about materials and they made their own nappies.





**Grade 2** have been doing a lots of sports and activities for the **ISB Olympics** : beep test, flags quizz, cross around the school, obstacle races... well done to everyone !!!!







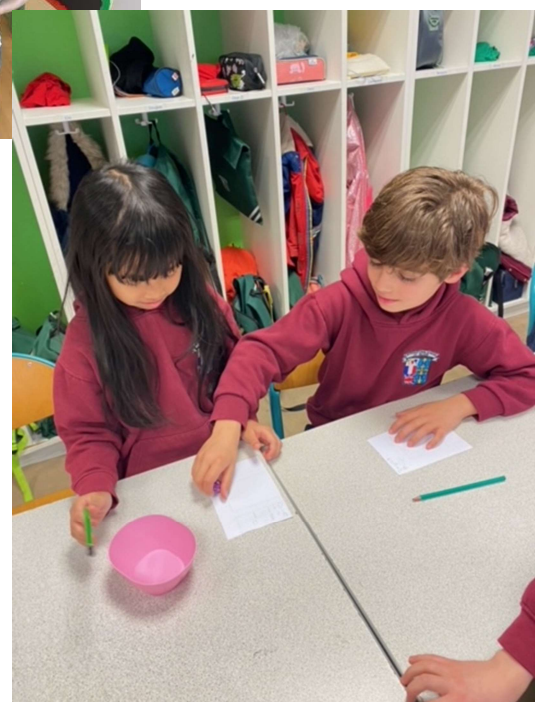
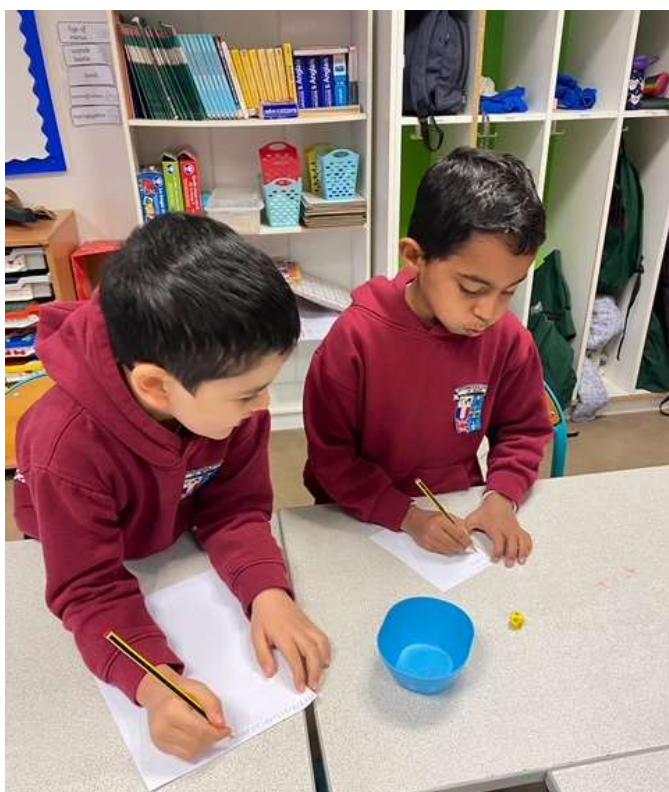
**Grade 2** did an amazing assembly about endangered animals.



**Grade 3** designing their Olympic flags in their continent teams.



**Grade 3** having fun going on a language hunt around the school to give us some inspiration for poetry and using dice in maths to help us improve our mental addition skills.





En classe de français avec Miss DiDi, les élèves de **Grade 3** tiennent à remercier Chidara, élève de Grade 10, qui est venue nous aider tous les mardis dans le cadre du programme Duke of Edinburgh. Merciiiiii, Chidara !

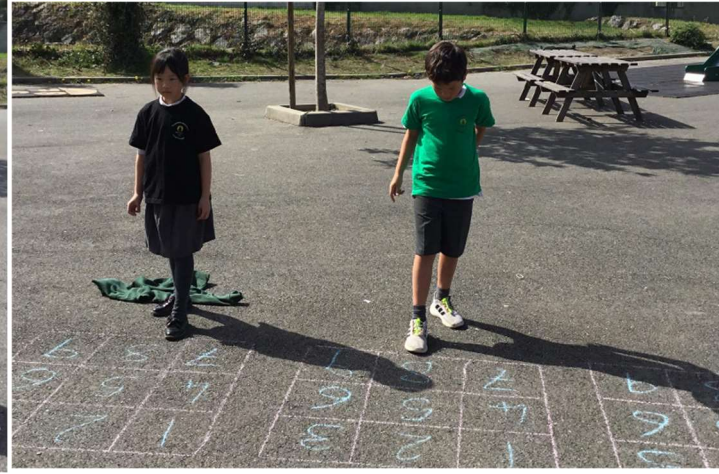


Amongst all the Olympic excitement, Grade 4 have been investigating circuits in Science, using a power source to make a bulb light!



Instead of our regular weekly times tables test, we had an outdoor times tables challenge! We worked in our Olympic teams to be the fastest to solve the calculation on the hopscotch squares. Lots of fun: a brain AND body workout!





In Art, **Grade 4** have been working on a drawing project, focusing on 'Faces and Feelings'. They created 3 self-portraits showing a different emotion and each time progressing in their skill on direct observation. Super results from all and here are a few examples of the children's work.





What great fun **Grade 5** had exploring the galaxy and all its planets using VR glasses. So impressed with their knowledge about planets. Thanks Miss Heather for sharing this with G5.



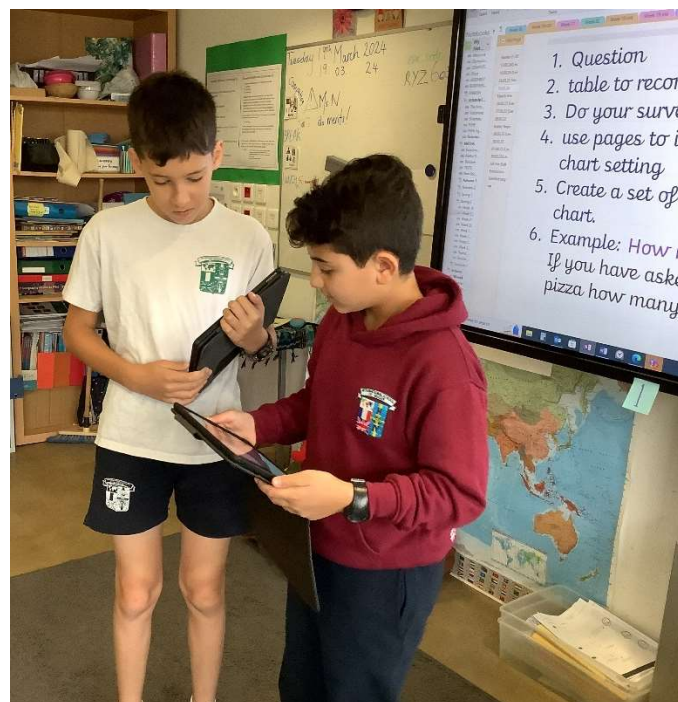
Lots of fun this week with the Olympic Games here at ISB. All continents are represented here. We also had fun doing role plays in English where students did role plays about a crucial moment during the book we are studying called Oranges in No Man's Land.

**Grade 5's** Art project was inspired by the artist 'Kimmy Cantrell'. Learning about relief sculpture, asymmetrical and abstract artwork and also the recognition to African art all rolled in. They look 'WOW' grade 5.

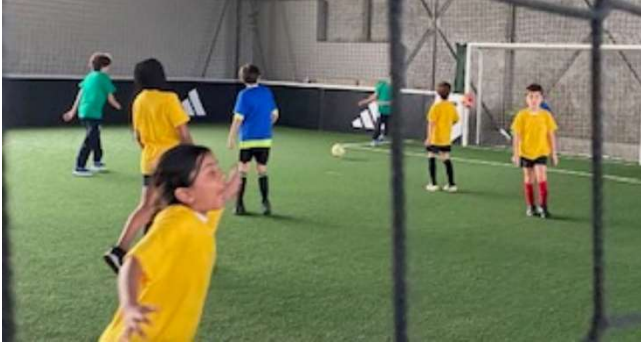




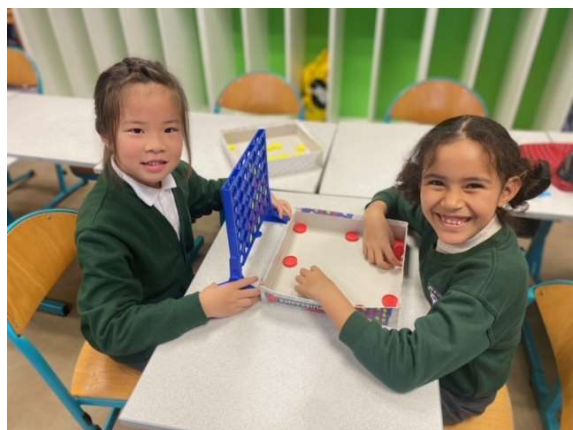
**Grade 6** doing a survey, which they will make into a pie chart for Maths and computing!!

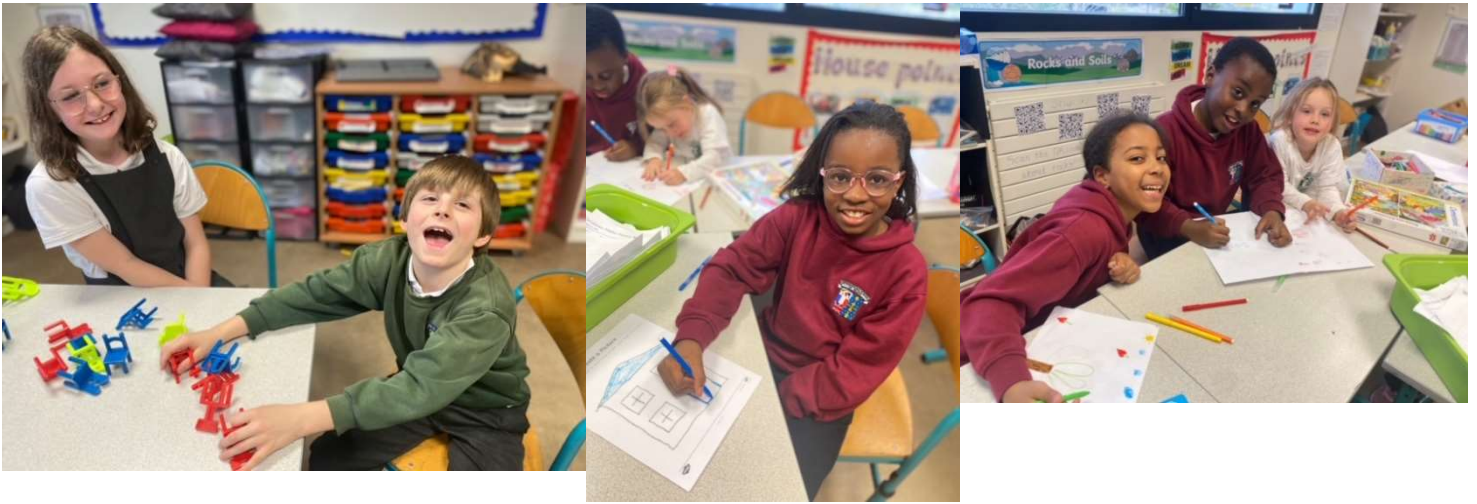


**Grades 3-6 Football Tournament**



**Friday fun in Board Games Club!**

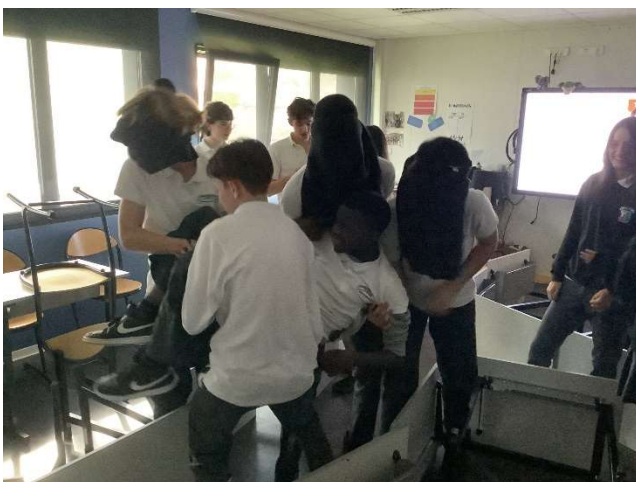




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This week in History, **Grade 11** were investigating the difficulties faced by stretcher bearers when evacuating casualties. We built a trench and all but one of the team were blind folded to simulate darkness. The zig zag trenches, mud and darkness made the journey particularly difficult!



PE photos - Grade 7-8 climbing, Grades 9-11 gymnastics

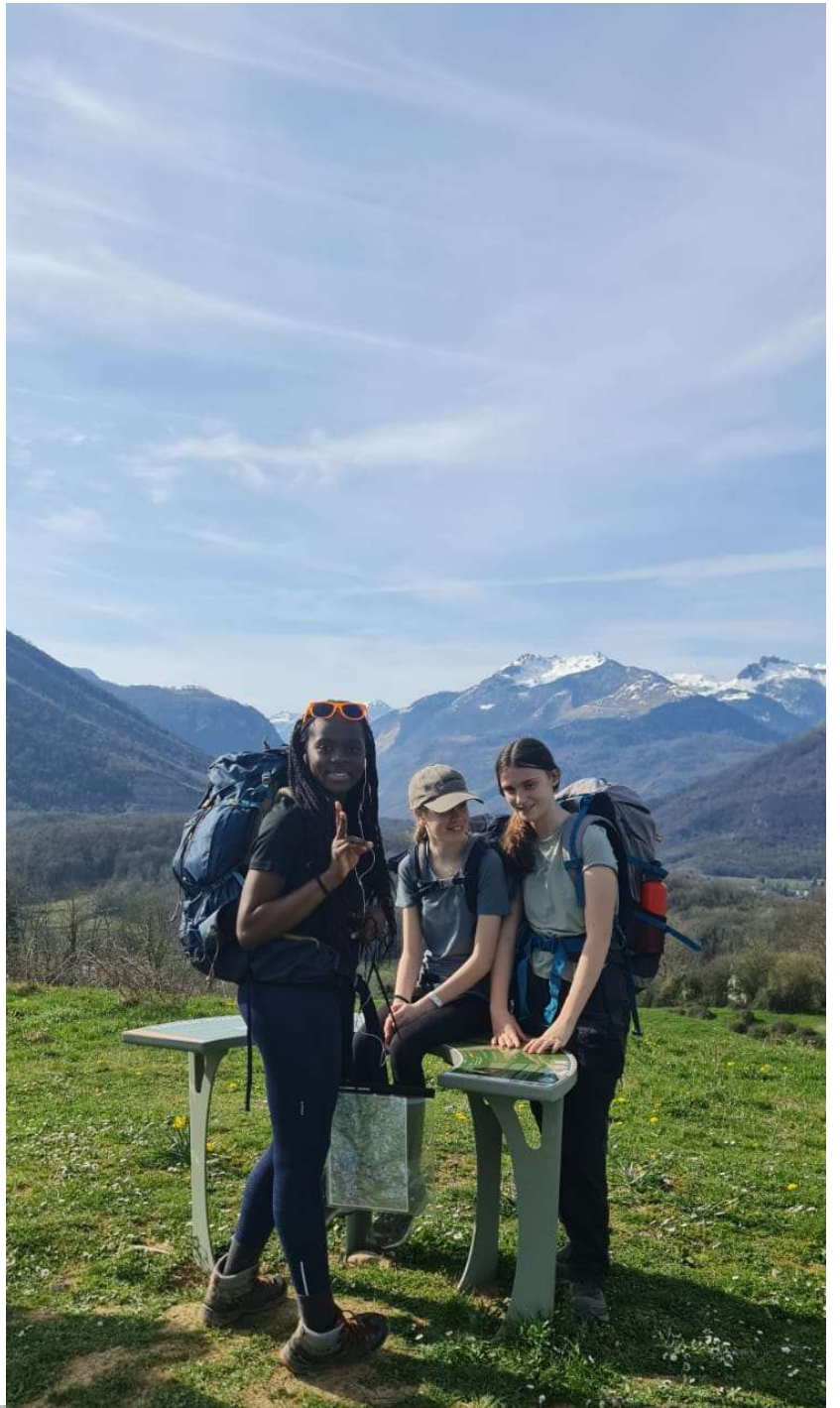






Last Sunday all **DofE pupils** went on a day hike in the Seignacq-Meyracq area. Luckily, the weather was fantastic and everyone finished with tired legs and suntans! Pupils built on their navigation skills and gained some fitness in preparation for the practice expedition on the 6/7<sup>th</sup> April. Well done to all participants and massive thank you to all the staff that volunteered to help run the event.





On Thursday, **DofE participants** practiced putting up the tents they will use on their upcoming practice expedition on the 6/7th of April.



## Secondary Update

22 March 2024

### Exam News

- Please look out for the copy of statements of entry and details of cost of the exams that you should receive by the end of March.
- Please remember that our current Exams Officer, Mr Kirby, will retire at the end of March. From 1 April all inquiries and questions concerning external exams should be directed to the new Exams Officer, Marine Gonçalves. She can be contacted at [marine.goncalves@isbearn.com](mailto:marine.goncalves@isbearn.com)

### Reports

We apologise for the problems with reports last week. We are transitioning to a new system and unfortunately the problems were caused by an out of date software library in the current (old) system.

**Reports for G11 – 13 will be published by 10 April.**



## Food Bank 23 March

33 Grade 10-13 students and 11 Secondary teachers are volunteering to help collect food for the Banque Alimentaire du Béarn this Saturday, 23<sup>rd</sup> March at supermarkets in and around Pau. The organisation collect and distribute food on a weekly basis to families and individuals who are below the poverty line and in need of support. Twice a year they do a large-scale collection of long-life food and products that can be stored and distributed throughout the year. Please support the cause if you can. We hope that our ISB students can help to make this a very successful collection day for the Banque Alimentaire du Béarn.

ISB students will be at the following supermarkets throughout the day on Saturday 23<sup>rd</sup> March, if you would like to do your shopping and donate food and hygiene products please go along and see them.

**Lidl MERMOZ**, 230 Av. Jean Mermoz, 64000 Pau. (09:00-19:00)

**Lidl JURANÇON**, 1981 Av. du 18 Juin 1940, 64110 Jurançon (09:00-19:00)

**Intermarché Express PAU**, 5 Av. du Général de Gaulle, 64000 Pau (13:00-15:00)

## Dates for your Diary

Saturday 23 March	Food Bank event (see above)
Monday 25 March	G12 Geog students Mountains Trip
Tuesday 26 March	G9 Options/Parents Eve 16:00 – 18:00
Monday 01 April	Easter Monday – School closed
Tuesday 02 April	iGCSE French and Spanish oral exams (all week)

## Our Next Parent Evening 2024 – Grade 9 into G10 Options

Tuesday 26 March 16:00 – 18:00

## Choosing GCSE Subjects

Students have had taster sessions for English Literature and Business Studies since these are subjects that they do not study in KS3. They have also discussed the range of subjects and choices in their PSHE lessons this week.

Parents will receive FULL details of the options available in the Options Booklet that will be distributed on 26 March at the Parents Evening. At 16:00 a presentation will be given by the Head of Secondary outlining the Options process, and by Head of Core subjects; all of our staff will be available for appointments from 16:30 onwards. Booking forms will be sent out early next week.

### **Initial option choice forms must be returned to Mrs Byrne by Weds 03 April.**

Discussions with individual students and either Ms Byrne and Mr Pearse will take place before and after the Easter, and parents will be informed of final confirmed option choices in May.

## Grade 10 End of Year Exams

G10 will have (almost) two weeks of exams between 21 – 30 May

## Revision

Each week, I will add the main points from the revision focused assemblies that we have covered with G10 – 13 students. I'm always very happy to support students if they need more help, and they are very welcome to come to the Library after school on Mondays and Fridays.

## How to Plan your Revision

### **Step 1: Create a Plan**

Use syllabus content info (available online or already given by teachers), to RAG\* your topics/chapters. This will give you a focus of the red and amber topics for your revision. Then,

- Print a free downloadable calendar (I suggest week view), add your exam date
- Work backwards from the exam dates planning when you will revise specific (identified) topics, and for how long. **Make sure you are setting yourself manageable goals!**

## Step 2: Revise using your plan

Step 3: Test yourself. You may want to use flashcards or exam questions for this

Step 4: Review your plan each week to check your progress and to adapt your plan if your testing shows you need more time on specific topics

\* RAG = if you are confident and really know & understand a topic mark is as **Green**

If you're not absolutely sure of a topic, mark it as **Amber**

If you've really no idea about a topic, mark it as **Red** (and also make a note to speak to your teacher about this topic for some extra support/explanation)

## Revision - What to Avoid

Today, with 48 days until the first external exam, the G12 and 13s assembly focused on revision and in particular, what to avoid. The 4 main 'avoid' recommendations are:

1. Mobile phones
2. Listening to music, especially music with lyrics
3. Cramming revision as opposed to spacing it out and swapping between topics
4. Not getting enough sleep

If you would like to see the full PowerPoint with further details on each of these areas, it will be uploaded onto your Firefly parent dashboard on Monday.

*Have a nice week / Très Bonne Semaine  
Maria Elias*

## Celebrating success in Grade 7:

Last week, during the assembly we handed out merit certificates to students. Amazing effort by all. A special mention for Julia-Rose, who has managed to gain 175 merits so far this year!

